

Session Plan



Use this template to help you prepare for your session.

Name:			Venue:																																								
Duration:			Participants:																																								
Equipment:	Targets: <table border="1"> <thead> <tr> <th>Qty</th> <th>Item</th> <th>Size</th> </tr> </thead> <tbody> <tr> <td></td> <td>Bosses</td> <td></td> </tr> <tr> <td></td> <td>Target faces</td> <td></td> </tr> <tr> <td></td> <td>Pins</td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Qty	Item	Size		Bosses			Target faces			Pins					Right-handed Bows: <table border="1"> <thead> <tr> <th>Qty</th> <th>Size</th> <th>Weight</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table> Left-handed Bows: <table border="1"> <thead> <tr> <th>Qty</th> <th>Size</th> <th>Weight</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Qty	Size	Weight							Qty	Size	Weight							Arrows: <table border="1"> <thead> <tr> <th>Qty</th> <th>Size</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> </tr> </tbody> </table> <input type="checkbox"/> All arrows collected back in after the session	Qty	Size			Other: <input type="checkbox"/> Warning signs <input type="checkbox"/> Arm guards <input type="checkbox"/> Scoresheet and pens <input type="checkbox"/> Whistle
Qty	Item	Size																																									
	Bosses																																										
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Objectives:	What do I want participants to achieve?			What do I want to achieve?																																							
Before the session:	Safety checklist: <input type="checkbox"/> Complete			Equipment: <input type="checkbox"/> Placed out																																							
Introduction:																																											
Safety briefing:																																											
Equip beginners:																																											
Demonstration:																																											
Guided shooting:																																											
Collect arrows:																																											
Guided/free shooting:																																											
Scoring and games:																																											
Conclude a session:																																											

Review

What went well?	
What could be improved?	